



CHALLENGE

EARLY INTERVENTION CENTER

Early Intervention for Infants and Toddlers with Hypotonicity

Presented by

Kristen Birkmeier, MS PT

SUNDAY
December 16, 2018

8:30 AM – 4:30 PM

CHALLENGE
Early Intervention Center

649 39th Street, Brooklyn NY 11232



Workshop provides 6.5
Professional Development
Hours for New York State
Department of Health Early
Intervention Providers

0.65 ASHA CEUs

6.5 PDUs for NBCOT
Certification Renewal

7.8 NYPTA CEUs

6.5 NIBPTE CEUs

Free Round Trip Van or
Organized Carpool
Options from Queens
& Staten Island may be
available on request.

Register on our website:
Challenge-ei.com

Contact us:
Shoshana.challenge@thejnet.com
718 851 3300 ext 155



Early Intervention for Infants and Toddlers with Hypotonicity
Presented by Kristen Birkmeier, MS PT

Course Description: This one-day workshop is designed for the pediatric PT, OT, SLP and COTA who currently provide intervention services for the infant and toddler who demonstrates general hypotonicity. The workshop focus is on promoting enhanced clinical skills so as to enable the clinician to achieve positive functional outcomes in a highly effective and efficient manner. Basic to advanced concepts are sequenced in a creative manner to help all participants meet the course objectives, as well as their own individual learning objectives. The instructor will present an analysis of both normal infant development and the atypical development of the infant and toddler with hypotonicity. She will demonstrate a clinical assessment and treatment session with two young children currently seen in early intervention. Follow up class discussions will assist the participant in identifying the functional activity limitations and underlying sensorimotor impairments that these two children with general hypotonicity demonstrate. In addition, participants will learn how to set appropriate functional long and short term goals, plan effective treatment, and utilize both transdisciplinary as well as discipline-specific treatment strategies focused on the infant and toddler with general hypotonicity.

Instructional Methods Course format will involve lecture, powerpoint presentations, video and/or live assessment and treatment demonstrations, and class discussion.

About the Instructor: *Kristen Birkmeier, MS, PT* is a highly respected, well recognized clinician and educator who teaches workshops throughout the U.S. focused on assessment and treatment of the infant and young child with neuromotor dysfunction. She offers courses with a variety of topics and always presents a family-centered focus. Ms. Birkmeier has worked in a variety of pediatric settings, including many years at Riley Hospital for Children in Indianapolis, IN, as supervisor of the PT and OT departments. She currently lives in the Blue Ridge Mountain area of southwest Virginia where she provides assessment and treatment to infants and young children with neurological involvement. She has been NDTA Pediatric Coordinator-Instructor and has held adjunct faculty positions at Indiana University Physical Therapy Program, Rocky Mountain University Neurology Tract, and at the University of Alaska-Anchorage in the Early Intervention and Early Childhood Special Education program. **Disclosures:** Financial – Invited Teacher & Speaker for Challenge Early Intervention Center and receives a speaker fee. Nonfinancial – No relevant nonfinancial relationships exist.

Learning Objectives – Upon completion, Participants will be able to:

1. Discuss the important components of a clinical assessment for an infant or toddler with general hypotonicity.
2. Identify the functional activity limitations and underlying sensorimotor impairments that the two young children seen in live demonstration exhibit. (Videotaped assessment and treatment sessions will be presented in the event that the young children are unable to attend.)
3. Discuss the major treatment considerations and appropriate discipline-specific functional goals that the two young children seen in demonstration exhibit.
4. Describe effective treatment strategies to assist the infant and toddler with hypotonicity in developing postural control as a base from which to gain age appropriate functional skills.
5. Design and discuss effective transdisciplinary as well as discipline-specific treatment strategies to assist the infant and toddler with hypotonicity in achieving positive functional outcomes.

Seminar Registration: Register on our website: www.challenge-ei.com. For assistance, phone us at 718 851 3300 ext 155. Payment by check or credit card must be received to confirm registration. Checks must be received prior to December 7th.

Registration Fees include CEUs, handout materials, light breakfast, lunch and refreshments. All food is Kosher, under Supervision of Rabbi Babad.

Individual: \$285.00

Group of 2: \$270.00

Group of 5+: \$255.00

Challenge affiliated therapists may register at a reduced rate of \$245.00.

(Currently seeing children through Challenge or having seen children during the past 3 years.)

REGISTRATION LIMITED TO 40 PARTICIPANTS

Cancellation Policy: Tuition will be refunded less a \$25.00 processing fee, if written notification is received by Challenge up to two weeks prior to the seminar. Two weeks to 72 hours prior to seminar date 50% refund; 72 hours or less no refund.