



# Challenge

*Early Intervention Center*

## Treatment of Pediatric Neuromotor Disorders

Handling and Kinesiotaping Techniques to Achieve Developmental Progression in  
Young Children with Neurodevelopmental Disorders

Presented by:

**Chrys Kub, PT, C-NDT**

**Sunday February 10, 2019**

8:30 PM to 4 PM

**Young Israel Of Hillcrest**

169-07 Jewel Avenue, Flushing NY 11365

Register on our website:

**Challenge-ei.com**

Contact us:

**Shoshana.challenge@thejnet.com**

**718 851 3300** ext **155**

Workshop provides 6.0 Professional Development Hours for New York State Department of Health Early Intervention Providers

6.0 PDU's for NBCOT Certification Renewal

7.2 NYPTA CEUs  
6.0 NJBPTE CEUs

Free Round Trip Van or Organized Carpool Options from BROOKLYN & STATEN ISLAND may be available on request.

**Breakfast  
& Lunch  
Served  
(kosher)**



**Treatment of Pediatric Neuromotor Disorders**  
**Handling and Kinesiotaping Techniques to Achieve Developmental Progression in**  
**Young Children with Neurodevelopmental Disorders**

*Presented by* **Christina Crawford Kub, PT, C-NDT, C-FMT**

***Course Description:*** Children with neuromotor impairment benefit from hands on treatment and kinesiotaping to improve therapeutic outcomes. Best practice in Early Intervention emphasizes use of therapeutic interventions that can be carried over in the natural environment. Instructing caregivers in handling techniques and therapeutic taping will improve functional outcomes in the young child with neuromotor impairment. In this hands on and interactive workshop, we will learn and practice hands on techniques for facilitation of postural control and movement through developmental positions. We will also empower participants to implement kinesiology taping for the most common problems in the pediatric patient with neuromotor disorders such as: truncal hypotonia, shoulder girdle instability, and extremity dysfunction. The participants will leave with effective neurodevelopmental handling strategies and kinesiology taping skills they can integrate into their toolbox the next day to improve therapeutic outcomes. **Methods of Instruction:** Lecture, powerpoint, handouts, hands on labs, question and answer. ***Who Should Attend:*** PT's, PTA's, OT's, COTA's.

***About Your Program Instructor:*** **Chrys Kub, PT, C-NDT** is NDT certified and an integrative physical therapist with over 30 years of clinical experience. Chrys has developed and taught courses in evidence based treatment techniques for children with neurodevelopmental disorders as well as courses in therapeutic yoga applications for children and adults throughout the US and online. She has extensive experience in multiple settings including outpatient neurological rehabilitation, the school, private practice, outpatient sensory integration clinic, neonatal home health and Early Intervention. Through her work in pediatric physical therapy, she has utilized treatment techniques such as myofascial release, joint mobilization, kinesiotaping, and therapeutic yoga integrated with traditional pediatric neurological modalities. Chrys currently works for Early Bird Early Intervention Services. She established FitYogaTherapy, an organization dedicated to the education of practitioners in yoga therapy and pediatric physical therapy. Chrys is a member of the International Association of Yoga Therapists and an ACE Certified Personal Trainer and CEU provider. For additional information, visit [www.fityogatherapy.com](http://www.fityogatherapy.com).

***Learning Objectives:***

1. The participant will understand the purpose and most effective handling and sensory motor input techniques for the pediatric patient with motor control issues such as hypotonia, spasticity and ataxia.
2. The participant will be able to utilize key points of control to facilitate improved quality of movement through developmental positions for the pediatric patient.
3. The participant will implement evidence based taping techniques for common dysfunctions in the neurological pediatric patient.
4. The participant will explain and teach the application and precautions of kinesiotaping to parents and caregivers in order to include this modality in a home program.
5. Through case study practice, the participant will understand indications and protocols for applying handling and therapeutic taping interventions.

**Seminar Registration: ENROLLMENT is limited to 50 people maximum.**

Register online at [Challenge-ei.com](http://Challenge-ei.com). Payment must be received to confirm registration.

For assistance call 718-851-3300 ext 155.

Registration Fees include CEUs, handout materials, light breakfast and lunch.

All food is kosher, under supervision of Vaad HaRabonim of Queens.

**Individual: \$285.00**

**Group of 2: \$270.00/person**

**Group of 5+: \$255.00/person**

**CHALLENGE AFFILIATED THERAPISTS may register at a special rate of \$245.00**

***(Must be currently working with children through Challenge or have done so in the past 3 years.)***

***Cancellation Policy:*** Tuition will be refunded less a \$25.00 processing fee, if written notification is received by Challenge up to two prior to the seminar. Two weeks to 72 hours prior to seminar date 50% refund; 72 hours or less no refund.

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