



Challenge

Early Intervention Center

HELPING YOUNG CHILDREN WITH SENSORY PROCESSING CHALLENGES

Tips, Tools and Practical Solutions
for Everyday Activities

Presented by:

Lindsey Biel, OTR/L

SUNDAY, MARCH 10, 2019

8:30 AM to 4 PM

Young Israel Of Hillcrest

169-07 Jewel Avenue
Flushing NY 11365



Course meets NYS
DOH requirements for
Early Childhood Training

0.6 ASHA CEUs

6.0 NBCOT PDUs

7.2 NYPTA CEUs

6.0 NJBPTE CEUs

6.0 hours of Continuing Education for
licensed Social Workers

Ateres Mordechai/Challenge Early
Intervention Center SW CPE is recognized by
the New York State Education Department's
State Board for Social Work as an approved
provider of continuing education for licensed
social workers #0193.

Register on our website:
Challenge-ei.com

Contact us:
Shoshana.challenge@thejnet.com
718 851 3300 ext **155**



Helping Young Children with Sensory Processing Challenges
Tips, Tools & Practical Solutions for Everyday Activities
Presented By Lindsey Biel OTR/L

Course Description: This presentation will demystify sensory processing difficulties in children, emphasizing practical strategies and solutions for maximizing participation in self-care, learning, and playing at home, at school, and in the community. **Instructional**

Methods: lecture, video, handouts, question/answer. **Topics will include:**

- ❖ How to pinpoint sensory processing problems in toddlers through school-age children,
- ❖ Techniques for decreasing sensitivity to noise, touch, movement, visuals, taste and smell while improving ability to handle multisensory input.
- ❖ Practical strategies for daily life challenges such as dressing, brushing teeth, sleeping and sitting at circle time.
- ❖ Sensory diet activities that help kids reach and maintain an optimal state of arousal.
- ❖ Ways to avoid overstimulation and deal with self-stimulatory behaviors and meltdowns.

Who Should Attend? Occupational & Physical Therapists, Speech-Language Pathologists, Educators, Social Workers and Related Professionals who work with young children and their families. **Instructional Level:** All levels with primary focus on beginning and intermediate therapists.



This course is offered for 0.6 ASHA CEUs at the (Intermediate Level, Professional Area).

Learning Objectives – Upon completion, Participants will be able to:

1. Define sensory processing and recognize sensory processing challenges in children.
2. Understand how sensory challenges impact behavior and learning.
3. Implement at least 15 “sensory diet” activities and environmental modifications to help children reach and maintain an optimal state of arousal.
4. Use strategies to cope with sensitivity to noise, touch, movement, sights, taste, smell and sensory overload.
5. Share “sensory smart” parenting and teaching strategies with others.

About Lindsey Biel, OTR/L: Lindsey Biel is a pediatric occupational therapist with a private practice in New York City where she evaluates and treats children, adolescents and young adults with autism spectrum disorders, sensory processing issues, developmental delays, and physical disabilities. She is author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens*; co-author of the award winning book *Raising A Sensory Smart Child: the Definitive Handbook for Helping Your Child with Sensory Processing Issues*, with a foreword by Dr. Temple Grandin; and co-creator of the *Sensory Processing Master Class DVD Program*. **Instructor Disclosures: Financial** – Invited teacher & Speaker for Challenge Early Intervention Center and receives a speaker fee. Author for Penguin Books & WW Norton and receives royalties. Co-creator of the Sensory Processing Master Class DVD program and receives payment. Private practitioner in Manhattan NY who teaches workshops and writes magazine articles for professionals and parents across the country. **Nonfinancial** – No relevant nonfinancial relationships exist.

Seminar Registration: Register on our website: challenge-ei.com. For assistance: (P) 718-851-3300 ext 155, (E) shoshana.challenge@thejnet.com. Payment by check or credit card must be received to confirm registration. CHECKS will not be accepted after February 25th. Payment by credit card at the door does not guarantee available seating.

Registration Fees include handout materials, light breakfast and lunch, and refreshments. (Food is kosher, under supervision of Vaad Harabanim of Queens.)

Individual: \$225.00 Group of 2: \$205.00/person Group of 5+: \$195.00

Challenge AFFILIATED THERAPISTS may register at a special rate of \$185.00.

Cancellation Policy: Tuition will be refunded less a \$25.00 processing fee, if written notification is received by Challenge up to two weeks prior to the seminar. Two weeks to 72 hours prior to seminar date 50% refund; 72 hours or less no refund.

Sponsored by Challenge Early Intervention Center – 649 39th Street, Brooklyn NY 11232
(P) 718 851 3300 (W) challenge-ei.com (F) 718 972 0692